## PSD High Schools offering interscholastic athletic programs

Fort Collins School Fossil Ridge High School Poudre High School Poudre Community A cademy Rocky Mountain High School Timnath Middle High School Wellington Middle High School

## PSD Middle Schools offering interscholastic athletic programs.

Blevins Middle School Boltz Middle School Cache La Poudre Middle School K inard Middle School Lesher Middle School Lincoln Middle School Preston Middle School Webber Middle School Wellington Middle School

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# PURPOSE OF THISHANDBOOK

The purpose of this handbook is to provide a practical guide for athletes and parents regarding the mission, philosophy, standards, rules and expectations of the PSD interscholastic program at the high school and middle school levels. It is our goal to expose as many students as possible to the benefits derived from participation in education-based athletics at the scholastic level. Further, the best experience possible is best served when students, coaches, parents and administrators are informed, have open lines of communication, know what is expected of them, and truly commit to assuring that the mission and ideals of education-based athletics are aligned with daily practice in the operation of these programs.

#### MISSION

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## PSD ATHLETIC PHILOSOPHY BY LEVEL OF PARTICIPATION

PSD notes that participation is a privilege and not a right. Playing time and selection to a team must be earned.

#### Middle School/High School

Varsity level: Varsity level programs are the most competitive of the athletic programs. This level includes the most skilled, ar. ompetities volume to ache are charged with fielding the most competitive team possible. Team publication of the athletic programs are the most skilled, ar. ompetities volume to ache are charged with fielding the most competitive team possible. Team publication of the athletic programs are the most skilled, ar. ompetities to ache athletic programs are the most competitive team possible. Team publication of the athletic programs are the most competitive team possible. Team publication of the athletic program are the most competitive team possible. Team publication of the athletic program are the most competitive team possible. Team publication of the athletic program are the most competitive team possible. Team publication of the athletic program are the most competitive team possible. Team publication of the athletic program are the most competitive team possible. Team publication of the athletic program are the most competitive team possible. Team publication of the athletic program are the most competitive team possible. Team publication of the athletic program are the most competitive team possible. Team publication of the athletic program are the most competitive team possible. Team publication of the athletic program are the athletic program are the team possible. Team publication of the athletic program are the team possible at the athletic program are the team possible. Team publication are the team possible at the team possible at team possible at team possible at team are team possible. Team publication are team possible at team are team a

Sub-Varsity level: Sub-varsity programs are focused towards developing the skills and c

# ATHLETIC FEES

A thletic fees approved by the Board of E ducation will be charged for athletes in grades 6-12 A thletic fees will be collected at the beginning of each sport season prior to participation in the first official practice day unless the student qualifies for a fee waiver. Fees must be deposited within one week of collection and cannot be held until the student makes a team. If a student is cut from the team, 100% of the fee paid is refunded. If a student is dropped for disciplinary reasons at any time 0% of the fee paid is refunded. If a student is dropped for the entire season or transfers out, refunds are as follows

- o First day of practice through the fifth day of practice 100% of the fee paid is refunded.
- o Sixth day of practice to the first day of a sanctioned competitive contest 50% of the fee paid is refunded.
- o After the first sanctioned competitive contest 0% of the paid fee is refunded.

Students who qualify for Free/Reduced fees under the N ational School Lunch Program are exempt from athletic participation fees

A thletic fees for athletes who are not enrolled in a Poudre School District school shall be 150% of the amounts otherwise specified.

PSD (non charter) Students: (Per Sport Per Year)

High School: \$205 Ice Hockey: \$205 and up to \$1,000 (fees fluctuate year to year) Nordic Skiing: \$205 plus " pay as you go" (fees fluctuate year to year) High Scho

gram

It is the responsibility of the parent or guardian to provide accident/health insurance coverage for their student as a condition of the student's participation in interscholastic athletic practices and competitions. Poudre School D istrict does not independently provide such insurance coverage. The required accident/health insurance coverage may be provided under the parents or guardians own policy or purchased through Poudre School D istrict for each school year of the students' athletic participation.

Proof of a sports physical and insurance coverage must be indicated on the Authorization for A thletic Participation form, completed, and signed by the physician, parent or guardian and student-athlete. These forms are available online and at all the PSD middle school and high school offices

### HIGH SCHOOL TRANSFERSTO/FROM PSD

All transfers must follow CHSAA transfer policies and procedures Visit CHSAA.com for more information.

# PLACEMENT OF NON-PSD STUDENTSIN PSD ATHLETIC PROGRAMS

Guidelines for

# STUDENT-ATHLETE CITIZEN SHIPEXPECTATIONS (Grades 6 through 12)

PSD has high expectations for the stud

These rules shall apply to all students who participate in

Consequence for Second Violation is a Category 3 suspension. All other requirebedia

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If the complainant feels the issue has still not been resolved, he/she may submit a written appeal in a timely manner to the A ssistant Superintendent of Secondary Schools

#### COMMUNICATION SCENARIOS:

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Scenario #1 – Sarah, a high school sophomore, plays soccer for her high school team, she has played club soccer since she was 6 years old, and she just was informed that she did not make the varsity team. She is very upset and had set a goal of making the varsity team. She wants to quit

BEST PRACTICE FOR HER PARENT(S) – Being there to support Sarah does not mean going to the high school office to demand an immediate meeting with the A thletic Director and/or Principal. What would this solve? What would be best is for Sarah's parent(s) support her, encourage her to keep working and tell her to meet with her coach(es) to come up with a list of items that she can improve in order to achieve her goal of making the varsity squad. PSD programs are extremely competitive. With every season, not everyone can make varsity. Many hever make this level. ihrs <sup>SIFD</sup>)

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school group, club, athletics team, grade level, activity, or organization.

- 3. Hazing includes but is not limited to:
  - A ny activity involving an unreasonable risk of physical harm including paddling, beating, whipping, branding, electric shock, sleep deprivation, exposure to weather, placement of harmful substances on the body and participation in physically dangerous activities
  - Any activity involving consumption of alcohol, drugs, tobacco products, or any other food, liquid, or other substance that subjects the student to an unreasonable risk of physical harm.
  - Any activity involving actions of a sexual nature or the simulation of actions of a sexual nature.
  - A ny activity that subjects a student to an extreme and unreasonable level of embarrassment, shame, or humiliation or which creates a hostile, abusive, and intimidating environment for the student.
  - Any activity involving any violation of federal, state, or local Law or any violation of school district policies
    and regulations
- 4. CH SA A requires that all participants read and sign the CH SA A Anti-Hazing Form prior to participation at the high school level. A copy of this document is available on the PSD website.

#### TRANSGENDER PARTICIPATION

PSD follows all CHSAA, and state regulations regarding transgender participation.

CHSAA Policy PSD Support